

Equine Acupressure Level One Course

Diana Thompson, Instructor

A Six-Day Class offered in two formats:

1) Three Weekends: May 5 - 6, June 2 - 3, and June 30 - July 1, 2012 Location: Fulton, California

OR

2) A Six-day Intensive: May 5 - 11, 2012 Location: Fulton, California (just north of Santa Rosa, CA)

The Level One course presented by international instructor and author Diana Thompson provides a thorough, accurate foundation in equine acupressure and the Traditional Chinese Medicine approach to equine health. Students have study requirements to complete before class begins and home study assignments in addition to the six days in class. The course includes a guided, graded externship program that qualifies the student for a certificate program through Equinology® (see page three). The Level One course is part of a two-course program.

Note: Students need to have basic, safe horse-handling skills in order to take this course. If you are a beginner with horses please contact Diana to make sure you qualify.

The Level One Course Content Includes:

- the location and uses of more than 120 equine acupressure points
- exercises to help the student feel qi energy and develop acupressure techniques
- the locations and uses of twelve organ channels (meridians) and two extraordinary flows of energy

Diana will teach students how to apply acupressure and lifestyle management in order to support the correct flows of qi in the horse. In Traditional Chinese Medicine, strengthening the correct flow of qi creates optimum physical and emotional health of the horse by strengthening the following areas of the body:

- the lungs and other structures of the respiratory system
- overall immune function
- the digestive system
- the heart and blood vessels of the cardiovascular system
- urinary tract system including the kidneys and bladder
- the reproductive system
- the muscles, tendons, ligaments and joints of the horse
- the sense organs such as the eyes, nose and ears
- the mind and spirit; help the horse maintain a calm spirit and the ability to think clearly

With this information, students will know how to select and use acupressure points that prevent and reduce muscle soreness, strengthen back and hindquarter function, improve endurance and lung function, calm the nervous, angry or depressed horse, improve training focus and learning ability, prevent and ease colic, diarrhea and other digestive problems, prevent and relieve respiratory infections and fever, improve overall immune function, support digestive health, help the older horse, address hives and other skin problems and generally improve health.

Note: Traditional Chinese Medicine (which includes acupressure) is not a substitute for Western medical care. If a horse has a medical issue, a veterinarian should be consulted for treatment.

Level One Course Materials

During the course, students will work with the following two books and a laminated chart. They will also be provided with a workbook of study sheets and quizzes. The 550-page text manual, described below in (1), and the workbook are provided with payment of the class tuition. The book *Acupressure Point Charts for Horses* and the color laminated chart *Emergency Acupressure Points for Horses*, described below in (2) and (3), must be purchased separately by the student.

1) The 550-page Text Manual:

Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine

This comprehensive text outlines Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on the TCM function of 128 equine acupressure points, tells you how each point is used to improve health and address medical issues and guides you in choosing other points to use in combination in order to bring about the best result.

2) The 272-Page Flip Chart Text Book:

Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses

Diana Thompson, author ISBN #978 0-9816741-0-0

This book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. All of the point pages were reviewed for accuracy by veterinary acupuncturist Dr. Kerry Ridgway. View sample pages and table of contents on Diana's website: www.dianathompson.com

The book is available for purchase online (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

3) The Six-Page Color Laminated Chart:

Emergency Acupressure Points for Horses

Diana Thompson, author ISBN #978-0-9816741-1-7

This laminated chart unfolds to give you six 8 ½" by 11 inch pages of life-saving information. Color photos show the acupressure points you can use to help your horse during colic, cardiac arrest, injury, heat stroke, respiratory infection and fever. The pages include a chart of the horse's vital signs and a lesson in how to apply acupressure. The chart is available for order on Diana's website (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

Level One Tuition, Course Details and Registration Form are on pages 4, 5 and 6.

The **Equinology® Equine Acupressure Practitioner Certification EEAP** is issued upon successful completion of the class hours and externship for these courses:

- **EQ800: Equine Acupressure Level One**
- **EQ810: Equine Acupressure Level Two**
- **Equinology® Equine Body Worker Certification**

In addition to taking the two acupressure programs and completing those externship requirements the student needs to hold an **Equinology® Equine Body Worker Certification** or comparable equine massage course with a similar outline and timeframe bringing the total to 3 courses for this **EEAP** certification. Please note: You may take these courses at any time. They are open to individual from all programs. You do not need to be previously certified as an equine massage therapist or similar.

End - Equine Acupressure Level One – Course Description

For the Level One Course Tuition and Registration Details see pages 4, 5 and 6.

Equine Acupressure Level One Course Registration Details When the Course is Held At Diana Thompson's Equine Facility, Fulton, California

Tuition for Six-Day Level One Course and Guided Externship - Fulton, California Location

\$985.00 tuition includes six days of on-site instruction, Diana's 550-page class manual *Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine*, a workbook of study sheets and quizzes, pre-course study, home-study assignments and the guided, graded externship. Prior to the course students will need to purchase Diana's 272-page chart book and 6-page color laminated chart. The book includes over 400 photographs and 100 illustrations. It is titled: *Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses*; the chart is *Emergency Acupressure Points for Horses*. A full description of these materials is on page two of this flier.

Returning Student Tuition Discount for the Level One Course - Fulton, California Location

For students who have already taken the Level One class with Diana Thompson, the returning student discounted tuition is \$450.00 plus a materials fee.

Tuition Payment Plan:

A registration fee of \$350.00 (three hundred fifty dollars) is necessary to reserve a place in the class. Once this payment received, you will be sent pre-course study information that includes Chapter One of the text manual (50 pages), anatomy charts and quizzes.

Note: \$90.00 (ninety dollars) of this \$350.00 registration fee is a non-refundable, non-transferable deposit. If you give notice of cancellation prior to May 5, 2012, \$260.00 of the \$350.00 registration fee will be refunded to you.

The remaining balance of the course tuition and materials fees of \$635.00 (six hundred thirty-five dollars) is due as follows. Students in the three-weekend class are eligible to pay the remaining balance of \$635.00 in two payments: \$320.00 before the start of weekend #1 (May 5 - 6, 2012) and \$315.00 before weekend #2 (June 2 - 3, 2012). Students in the six-day intensive course must pay the \$635.00 balance in full prior to the beginning of class May 5, 2012.

Space is limited. Paid registration guarantees your participation in the course.

Questions? Call Diana at (707) 542-4646 or e-mail her at info@dianathompson.com

To register see the registration form on page 5.

Other Details:

- ❖ **Location:** Diana Thompson's Hands-On Horse Care® facility, 2290 Woolsey Road, Fulton, California 95439 The facility includes an indoor classroom with heating and air conditioning, covered riding arena, teaching barn with 24 foot-wide aisle way, extra large stalls and turnouts.
- ❖ **Class Hours:** 8:30 am to 5 pm each day.
- ❖ **A map and what to bring list** will be sent out to students prior to the first class.
- ❖ **Video cameras, tape recorders and cameras are not** allowed during group programs.
- ❖ **Want to Bring Your Horse?** See the horse information questionnaire.

How to Register:

Online: You can register online in the Store section of Diana's website: www.dianathompson.com

By Mail: Fill out this form and mail it with your check (payable to Diana Thompson) or credit card information to: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439

By Phone: Call Diana's office to register with a credit card at Phone (707) 542-4646

Questions? Call Diana at (707) 542-4646 or e-mail her at: info@dianathompson.com

=====Registration Form for Mail-In Registration -- Please Print Clearly=====

Class dates (check one):

Three-weekend course May 5-6, June 2-3, and June 30-July 1, 2012 _____

Six-day intensive course May 5 - 11, 2012 _____

Today's Date: _____ Signature: _____

Printed Name of Participant: _____

Mailing Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____

Payment By Check enclosed _____ Amount to charge to Visa/ Mastercard _____

Card # _____ Expiration Date: _____

Print the Name on the card: _____

Signature of the card owner authorizing use of the card:

Billing address for the card if it is different from the mailing address given above: _____

Horse Information Questionnaire -- Equine Acupressure Course

If you want to bring your horse to one or more class weekends, complete this horse information questionnaire and mail or e-mail it with your course registration form to Diana Thompson. Diana will assess the horse's situation and let you know if the horse is approved to come to class.

Mailing address: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439.

E-mail: info@dianathompson.com

Office phone number: (707) 542-4646

Note: The horse must be safe to handle and touch by other students with Diana's supervision (Unless the horse has problems in this area and is specifically approved by Diana). The horse owner needs to bring the horse's hay, grain and water bucket. The owner is responsible for paying for the cost of shavings (approximately \$20 per weekend). The owner is responsible for cleaning the horse's stall and paddock during the class and before the horse leaves.

Horse Owner: _____ Phone: _____

Horse's name: _____ Breed/sex: _____ Age: _____

What are the horse's physical problems, emotional issues or health problems?

Is this horse comfortable and safe with you and other people touching its body?
If no, please explain?

Is this horse quiet in new surroundings or is he or she nervous, fearful, biting, kicking, spooking or otherwise hard to handle when at home or away from home?

Has this horse trailered away from home on a regular basis?

The stalls at Diana's facility are large (12 feet by 14 feet) with full-time access to an outside paddock. Will your horse be comfortable staying in this type of stall-paddock situation next to another horse?