

# EQUINE ACUPRESSURE LEVEL TWO COURSE

Diana Thompson, Instructor

## **A Six-Day Intensive: October 8 - 14, 2012 Location: Calgary, Alberta, Canada**

In the Level Two course, presented by international instructor and author Diana Thompson, students will deepen their understanding of the Level One class material as they learn how to carry out a thorough Traditional Chinese Medicine (TCM) assessment of the horse. Students have study requirements to complete before the class begins and home study assignments in addition to the six days in class. The course includes a guided, graded externship program that qualifies the student for a certificate program through Equinology®. This Level Two course is part of a three-course program, which is listed below.

In the TCM system, the correct flow of qi creates and supports optimum physical and emotional health of the horse. In contrast, an incorrect flow of qi often leads to poor physical health and a lack of emotional balance. In the Level Two course, the students will learn how to assess the horse to identify incorrect flows of qi, also known as patterns of imbalance. The students will learn how to use this information to create acupressure point combinations and lifestyle management that will improve the physical and emotional health of the horse. The Level Two course content includes:

- identification of the incorrect flows of qi (known as patterns of energy imbalance or the pattern) using the Eight Principle and 12 Internal Organ systems of energy assessment
- functions of the twelve organ systems and two extraordinary flows of Classical Chinese Medicine as they apply to less than optimum physical and emotional health in the horse
- acupressure point combinations and lifestyle changes to address specific patterns of imbalance
- exercises to feel qi energy and improve acupressure effectiveness
- location of 120 equine points, twelve energetic pathways (meridians) and two extraordinary flows
- how to incorporate a variety of acupressure techniques with other types of bodywork modalities

The TCM approach to the following problems in the horse will be addressed\*:

- respiratory infections, fever, exercise intolerance, recovery from performance stress
- poor immune response or stressed immune function
- digestive issues including colic, loose stool, diarrhea, constipation, ulcers, bloating
- problems of the heart and blood vessels of the cardiovascular system
- urinary tract problems
- tension, injury and performance stress of the muscles, tendons, ligaments and joints
- pain due to injury and arthritis
- problems with the sense organs such as the eyes, nose and ears
- skin issues such as hives and dryness
- reproductive issues such as lack of fertility, mares with tension or aggression during heat cycles
- fearful, nervous and angry behavior, lack of clear thinking and poor ability to follow training cues
- emergency points to use for the horse with colic, shock, heat stroke and choke

**\*Traditional Chinese Medicine (including acupressure) is not a substitute for Western medical care. If a horse has a medical issue, a veterinarian should be consulted for treatment.**

## **Level Two Course Materials**

During the course, students will work with the following two books and a laminated chart. They will also be provided with a workbook of study sheets and quizzes. The 550-page text manual, described below in (1), and the workbook are provided with payment of the class tuition. NOTE: The book *Acupressure Point Charts for Horses* and the color laminated chart *Emergency Acupressure Points for Horses*, described in (2) and (3), below, must be purchased separately by the student.

### **1) The 550-page Text Manual:**

#### ***Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine***

This comprehensive text outlines Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on the TCM function of 128 equine acupressure points, tells you how each point is used to improve health and address medical issues and guides you in choosing other points to use in combination in order to bring about the best result.

### **2) The 272-Page Flip Chart Text Book: *Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses***

Diana Thompson, author ISBN #978 0-9816741-0-0

This book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. All of the point pages were reviewed for accuracy by veterinary acupuncturist Dr. Kerry Ridgway. View sample pages and table of contents on Diana's website: [www.dianathompson.com](http://www.dianathompson.com) The book is available for purchase online ([www.dianathompson.com](http://www.dianathompson.com)) or by calling Diana's office at (707) 542-4646.

### **3) The Six-Page Color Laminated Chart: *Emergency Acupressure Points for Horses***

Diana Thompson, author ISBN #978-0-9816741-1-7

This laminated chart unfolds to give you six 8 ½" by 11 inch pages of life-saving information. Color photos show the acupressure points you can use to help your horse during colic, cardiac arrest, injury, heat stroke, respiratory infection and fever. The pages include the horse's vital signs and an acupressure lesson. Order the chart on Diana's website ([www.dianathompson.com](http://www.dianathompson.com)) or by calling Diana's office at (707) 542-4646.

The **Equinology® Equine Acupressure Practitioner Certification EEAP** is issued upon successful completion of the externship for these courses:

- **EQ800: Equine Acupressure Level One (three-weekend or intensive version)**
- **EQ810: Equine Acupressure Level Two**
- **Equinology® Equine Body Worker Certification**

In addition the student needs to hold an **Equinology® Equine Body Worker Certification** or comparable equine massage course with a similar outline and timeframe bringing the total to 3 courses for this **EEAP** certification. Please note: You may take these courses at any time and are open to individual from all programs. You do not need to be previously certified as an equine massage therapist or similar.

End - Equine Acupressure Level Two – Course Description

To register for the October 8 - 14, 2012 Acupressure Level Two course to be held in Calgary, Alberta, Canada contact organizer Lyndsey Deutsch, Hoof and Paws Body Workers Ltd.

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