

EQUINE ACUPRESSURE LEVEL TWO COURSE

Diana Thompson, Instructor

This is a six-day course. It is held in two formats at Diana Thompson's equine facility in Fulton, California, which is just north of Santa Rosa, California. The Fall 2012 dates are:

1) Three-Weekend Level Two Course: September 22 - 23, October 20 - 21 and November 10-11, 2012

or

2) Six-Day Intensive Level Two Course: September 22 - 28, 2012

In the Level Two course, presented by international instructor and author Diana Thompson, students will deepen their understanding of the Level One class material as they learn how to carry out a thorough Traditional Chinese Medicine (TCM) assessment of the horse. Students have study requirements to complete before the class begins and home study assignments in addition to the six days in class. The course includes a guided, graded externship program that qualifies the student for a certificate program through Equinology®. This Level Two course is part of a three-course program, which is listed below. When the class is held in Fulton, California, some students will be able to bring a horse (see the horse questionnaire page with the Level Two registration form).

In the TCM system, the correct flow of qi creates and supports optimum physical and emotional health of the horse. In contrast, an incorrect flow of qi often leads to poor physical health and a lack of emotional balance. In the Level Two course, the students will learn how to assess the horse to identify incorrect flows of qi, also known as patterns of imbalance. The students will learn how to use this information to create acupressure point combinations and lifestyle management that will improve the physical and emotional health of the horse. The Level Two course content includes:

- identification of the incorrect flows of qi (known as patterns of energy imbalance or the pattern) using the Eight Principle and 12 Internal Organ systems of energy assessment
- functions of the twelve organ systems and two extraordinary flows of Classical Chinese Medicine as they apply to less than optimum physical and emotional health in the horse
- acupressure point combinations and lifestyle changes to address specific patterns of imbalance
- exercises to feel qi energy and improve acupressure effectiveness
- location of 120 equine points, twelve energetic pathways (meridians) and two extraordinary flows
- how to incorporate a variety of acupressure techniques with other types of bodywork modalities

The TCM approach to the following problems in the horse will be addressed *:

- respiratory infections, fever, exercise intolerance, recovery from performance stress
- poor immune response or stressed immune function
- digestive issues including colic, loose stool, diarrhea, constipation, ulcers, bloating
- problems of the heart and blood vessels of the cardiovascular system
- urinary tract problems
- tension, injury and performance stress of the muscles, tendons, ligaments and joints
- pain due to injury and arthritis
- problems with the sense organs such as the eyes, nose and ears

- skin issues such as hives and dryness
- reproductive issues such as lack of fertility, mares with tension or aggression during heat cycles
- fearful, nervous and angry behavior, lack of clear thinking and poor ability to follow training cues
- emergency points to use for the horse with colic, shock, heat stroke and choke

***Traditional Chinese Medicine (which includes acupressure) is not a substitute for Western medical care. If a horse has a medical issue, a veterinarian should be consulted for appropriate treatment.**

Level Two Course Materials

During the course, students will work with the following two books and a laminated chart. They will also be provided with a workbook of study sheets and quizzes. The 550-page text manual, described below in (1), and the workbook are provided with payment of the class tuition. NOTE: The book *Acupressure Point Charts for Horses* and the color laminated chart *Emergency Acupressure Points for Horses*, described in (2) and (3), below, must be purchased separately by the student.

1) The 550-page Text Manual:

Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine

This comprehensive text outlines Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on the TCM function of 128 equine acupressure points, tells you how each point is used to improve health and address medical issues and guides you in choosing other points to use in combination in order to bring about the best result.

2) The 272-Page Flip Chart Text Book:

Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses

Diana Thompson, author ISBN #978 0-9816741-0-0

This book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. All of the point pages were reviewed for accuracy by veterinary acupuncturist Dr. Kerry Ridgway. View sample pages and table of contents on Diana's website: www.dianathompson.com The book is available for purchase online (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

3) The Six-Page Color Laminated Chart: *Emergency Acupressure Points for Horses*

Diana Thompson, author ISBN #978-0-9816741-1-7

This laminated chart unfolds to give you six 8 ½" by 11 inch pages of life-saving information. Color photos show the acupressure points you can use to help your horse during colic, cardiac arrest, injury, heat stroke, respiratory infection and fever. The pages include the horse's vital signs and an acupressure lesson. Order the chart on Diana's website (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

For Course Tuition and Registration Details see pages 3 and 4.

Equine Acupressure Level Two Course Registration Details When the Course is Held at Diana Thompson's Equine Facility, Fulton, California

Tuition for the Level Two Course and Guided Externship - Fulton, California Location:

\$985.00 tuition includes six days of on-site instruction, costs of the 550-page class text manual *Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine*, a workbook of study sheets and quizzes, pre-course study, home-study assignments and the guided externship.

NOTE: Prior to the course students will also need to purchase Diana's book and laminated chart. The book is titled: *Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses*; the chart is *Emergency Acupressure Points for Horses* (see page two for a full description of these class materials).

Tuition Payment Plan:

A registration fee of \$350.00 (three hundred fifty dollars) is necessary to reserve a place in the class. Once this payment received, you will be sent pre-course study information.

Note: \$90.00 (ninety dollars) of this \$350.00 registration fee is a non-refundable, non-transferable deposit. If you give notice of cancellation, \$260.00 of the \$350.00 registration fee will be refunded to you.

The remaining balance of \$635.00 (six hundred thirty-five dollars) is due as follows.

Students in the three-weekend class are eligible to pay the remaining balance of \$635.00 in two payments: \$320.00 by the start of Weekend #1 (September 22, 2012) and \$315.00 by the start of Weekend #2 (October 20, 2012).

Students in the six-day intensive course must pay the \$635.00 balance prior to beginning of class September 22, 2012.

Returning Student Tuition Discount for the Level Two Course - Fulton, California Location

For students who have already taken the Level Two class with Diana Thompson, the returning student discounted tuition is \$450.00 plus a materials fee.

Space is limited. Paid registration guarantees your place in the course.

Questions? Call Diana at (707) 542-4646 or e-mail her at info@dianathompson.com

To register see the registration form on page 4.

Other Details:

- ❖ **Location:** Diana Thompson's Hands-On Horse Care® facility, 2290 Woolsey Road, Fulton, California 95439
The facility includes an indoor classroom with heating and air conditioning, covered riding arena, teaching barn with 24 foot-wide aisle way, extra large stalls and turnouts.
- ❖ **Class Hours:** 8:30 am to 5 pm each day.
- ❖ **A map and what to bring list** will be sent out to students prior to the first class.
- ❖ **Video cameras, tape recorders and cameras are not** allowed during group programs.
- ❖ **Want to Bring Your Horse?** See the horse information questionnaire on page 5.

Equine Acupressure Level Two Course Registration Form

Ways to Register:

Online: You can register online in the Store section of Diana's website: www.dianathompson.com

By Mail: Fill out this form and mail it with your check (payable to Diana Thompson) or credit card information to: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439

By Phone: Call Diana's office to register with a credit card at Phone (707) 542-4646

Class Dates (check one):

_____ Three-weekend September 22 -23, October 20 – 21 and November 10 - 11, 2012

_____ Six-day Intensive course September 22 – 28, 2012

Today's Date: _____ Signature: _____

Printed Name of Participant: _____

Mailing Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____

Payment By Check enclosed _____ Amount to charge to Visa/ Mastercard _____

Card # _____ Expiration Date: _____

Print the Name on the card: _____

Signature of card owner authorizing use of the card: _____

Billing address for the card if it is different from the mailing address given above: _____

Horse Information Questionnaire -- Equine Acupressure Course

If you want to bring your horse to one or more class weekends, complete this horse information questionnaire and mail, fax or e-mail it with your course registration form to Diana Thompson. Diana will assess the horse's situation and let you know if the horse is approved to come to class. Mailing address: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439.

E-mail: info@dianathompson.com

Office phone number: (707) 542-4646 Office Fax number: (707) 542-4644

Note: Unless otherwise approved by Diana, the horse must be safe to handle and touch by other students with Diana's supervision. The horse owner needs to bring the horse's hay, grain and water bucket. The owner is responsible for paying for the cost of shavings (approximately \$20 per weekend). The owner is responsible for cleaning the horse's stall and paddock during the class and before the horse leaves.

Horse Owner: _____ Phone: _____

Horse's name: _____ Breed/sex: _____ Age: _____

What are the horse's physical problems, emotional issues or health problems?

Is this horse comfortable and safe with you and other people touching its body? If no, please explain?

Is this horse quiet in new surroundings or is he or she nervous, fearful, biting, kicking, spooking or otherwise hard to handle when at home or away from home?

Has this horse trailered away from home on a regular basis?

The stalls at Diana's facility are large (12 feet by 14 feet) with full-time access to an outside paddock. Will your horse be comfortable staying in this type of stall-paddock situation next to another horse?

The **Equinology® Equine Acupressure Practitioner Certification EEAP** is issued upon successful completion of the externship for these courses:

- **EQ800: Equine Acupressure Level One (three-weekend or intensive version)**
- **EQ810: Equine Acupressure Level Two**
- **Equinology® Equine Body Worker Certification**

In addition the student needs to hold an **Equinology® Equine Body Worker Certification** or comparable equine massage course with a similar outline and timeframe bringing the total to 3 courses for this **EEAP** certification. Please note: You may take these courses at any time and are open to individual from all programs. You do not need to be previously certified as an equine massage therapist or similar.

End - Equine Acupressure Level Two – Course Description