

Equine Acupressure Level Two Course*

Diana Thompson, Instructor

***To qualify for the Level Two course, students must take Diana's Level One Course, and complete Sections One, Two, and Three of the Level One Externship with a score of at least 80 %.**

Dates: The Equine Acupressure Level Two Course will be held in the Fall of 2017.

Six-Day Format: Three days of in-class study, three days of self-study /rest, three days of in-class study.

Location: Diana Thompson's facility in Fulton, California, just north of Santa Rosa, California.

During the Level Two course Diana Thompson will help students will deepen their understanding of the Level One class material and teach them how to carry out a thorough Traditional Chinese Medicine (TCM) energy assessment. In the TCM system the correct flow of qi creates and supports optimum physical and emotional health of the horse. In contrast, an incorrect flow of qi often leads to poor physical health and/or a lack of emotional balance. In the Level Two course, students will learn how to assess incorrect flows of qi in a horse and create acupressure point combinations and lifestyle management to rebalance the flow of qi. This approach, according to the principles of TCM, often improves the horse's health.

The Level Two course content includes:

- identification of incorrect flows of qi using the Eight Principle and 12 organ systems
- functions of the twelve organ systems and two extraordinary flows of Traditional Chinese Medicine as they apply to less than optimum physical and emotional health in the horse
- acupressure point combinations and lifestyle changes to address specific patterns of imbalance
- exercises to feel qi energy and improve acupressure effectiveness
- refinement of acupressure technique; advanced instruction in the use of the TCM herb moxa

It also includes the TCM approach to incorrect flows of qi associated with these problems in horses *:

- tightness, injury and performance stress of the muscles, tendons, ligaments and joints
- pain due to injury and joint problems such as arthritis
- respiratory infections, fever, exercise intolerance, recovery from performance stress
- poor immune response or stressed immune function
- digestive issues including colic, loose stool, diarrhea, constipation, ulcers, bloating
- problems of the heart and blood vessels of the cardiovascular system
- problems with the sense organs such as the eyes, nose and ears
- skin issues such as hives and dryness
- reproductive issues such as mares with tension or aggression during heat cycles, lack of fertility
- fearful, nervous and angry behavior, lack of clear thinking and poor ability to follow training cues

***Traditional Chinese Medicine, which includes acupressure, is not a substitute for Western medical care. If a horse has a medical issue, a veterinarian should be consulted for appropriate treatment.**

Level Two Course Homework Details: Students will have one to two hours of homework to complete after each day in class and homework to complete during the 3-day study/rest break from class.

Level Two Course Externship Details: Diana provides a 4-part guided externship course of study for students to complete following the course. The contents of Sections 1, 2, and 3, and grading of these sections are included at no charge to the student who has attended the in-class days of the Equine Acupressure Level Two course as long as the student turns in the completed materials within 6 months of finishing the in-class days. Once the Level Two student has completed Sections 1, 2, and 3, of the Externship and earned an 80 % score or higher, they are eligible to work privately with Diana on Section 4: Acupressure Field Work with one horse. Additional fees apply to this work.

Level Two Course Materials

During the course, students will work with the following books, a notebook of materials, and laminated chart. The 550-page text manual, described below in (1), was provided to students during the Level One class. The notebook, described below in (2), is provided with payment of the Level Two class tuition. The book *Acupressure Point Charts for Horses* and the laminated chart *Emergency Acupressure Points for Horses*, described in (3) and (4), below, must be purchased separately.

1) *Acupressure for Horses Course Manual*, Diana Thompson, Author, 550 pages

In this manual, Diana explains Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on TCM functions of each of 128 equine acupressure points, how each point is used to improve health and address problems, and how to combine each point with other points in combination to bring about the best acupressure result.

2) Notebook of Level Two Class Study Materials – Additional handouts, such as function charts, point charts, anatomy drawings and class study assignments, in a 3-ring binder.

3) The 272-Page Book: *Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses* Diana Thompson, author ISBN #978 0-9816741-0-0

This book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. View sample pages and table of contents on Diana's website: www.dianathompson.com The book is available for purchase online (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

4) The Six-Page Color Laminated Chart: *Emergency Acupressure Points for Horses*

Diana Thompson, author ISBN #978-0-9816741-1-7

This laminated chart unfolds to give you six 8 ½" by 11 inch pages of life-saving information. Color photos show the acupressure points you can use to help your horse during colic, cardiac arrest, injury, heat stroke, respiratory infection and fever. The pages include the horse's vital signs and an acupressure lesson. Order the chart on Diana's website (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

Equine Acupressure Level Two Course Registration Details When the Course is Held at Diana Thompson's Equine Facility, Fulton, California

Tuition for the Level Two Course and Guided Externship - Fulton, California Location:

\$985.00 tuition includes six days of on-site instruction, a notebook of study materials, pre-course study, home-study assignments, and Sections One, Two, and Three of the guided, graded externship.

Tuition Details:

A registration fee of \$335.00 (three hundred thirty-five dollars) is necessary to reserve a place in the class.

Note: \$75.00 (seventy-five dollars) of this \$335.00 registration fee is a non-refundable, non-transferable deposit. If you give notice of cancellation at least three weeks prior to start of class, \$260.00 of the \$335.00 registration fee will be refunded to you.

The tuition balance of \$650.00 (six hundred fifty dollars) is due in full prior to the start of class unless an alternate schedule of payments is worked out with Diana prior to the start of class.

A tuition discount of \$50.00 is given to students who register for class by August 25, 2017.

Returning Student Tuition Discount for the Level Two Course - Fulton, California Location

Students who have taken the six-day Equine Acupressure Level Two class at an earlier date with Diana Thompson may retake the course at any time at no charge except for the cost of the current materials. This discount does not apply to students who have taken other acupressure courses with Diana.

Space is limited. Paid registration guarantees your place in the course.

Questions? Call Diana at (707) 542-4646 or e-mail her at info@dianathompson.com

To register see the registration form on page 4.

Other Details:

- ❖ **Location:** Diana Thompson's Hands-On Horse Care® facility, 2290 Woolsey Road, Fulton, California 95439 The facility includes an indoor classroom with heating and air conditioning, covered riding arena, teaching barn with 24 foot-wide aisle way, extra large stalls and turnouts.
- ❖ **Class Hours:** 9 am to 4 pm each day.
- ❖ **A map and what to bring list** will be sent out to students prior to the first class.
- ❖ **Video cameras, tape recorders and cameras are not** allowed during group programs.
- ❖ **Want to Bring Your Horse or have your horse's qi assessed during class?** See the horse information questionnaire on page 5.

Equine Acupressure Level Two Course Registration Form

NOTE: A tuition discount of \$50.00 is given to students who register for class by August 25, 2017.

Register in one of the following ways:

ONLINE: Register for the class by making payment of the \$335.00 registration fee for the Level Two class in the store section of Diana's website: www.dianathompson.com

MAIL: Fill out this form and mail it with a check for the \$335.00 registration fee (payable to Diana Thompson) to: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439

PHONE or E-MAIL: Call Diana's office at Phone (707) 542-4646 or e-mail to let her know you would like to register for the Level Two class. Payment of the \$335.00 registration fee will be made through a PayPal invoice that is sent to your e-mail address.

QUESTIONS? Call Diana at (707) 542-4646 or e-mail her at: info@dianathompson.com

Six-Day Equine Acupressure Level Two Course Fall, 2017

Today's Date: _____ Student Signature: _____

Printed Name of Student: _____

Mailing Address: _____

Phone Number(s): _____

E-mail Address: _____

Amount of Payment By Check _____ Amount to Bill through PayPal _____

Horse Information Questionnaire -- Equine Acupressure Course

If you want to bring your horse to class, or have the class visit your horse (at your barn) during the class and carry out a qi assessment, complete this horse information questionnaire and mail or e-mail it with your course registration form to Diana Thompson. Diana will assess the questionnaire and let you know if the horse is approved to be part of class.

Mailing address: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439.

E-mail: info@dianathompson.com Office phone number: (707) 542-4646

Note: The horse must be safe to handle and touch by other students with Diana's supervision (Unless the horse has problems in this area and is specifically approved by Diana). The horse owner needs to bring the horse's hay, grain and water bucket. The owner is responsible for cleaning the horse's stall and paddock during the class and cleaning the stall thoroughly before the horse leaves. The owner is responsible for exercising the horse during the week.

Horse Owner: _____ Phone: _____

Horse's name: _____ Breed/sex: _____ Age: _____

What are the horse's physical problems, emotional issues or health problems?

Is this horse comfortable and safe with you and other people touching its body? If no, explain:

Is this horse quiet in new surroundings or is he or she nervous, fearful, biting, kicking, spooking or otherwise hard to handle when at home or away from home? Has this horse trailered away from home on a regular basis?

The stalls at Diana's facility are large (12 feet by 14 feet) with full-time access to an outside paddock. Will your horse be comfortable staying in this type of stall-paddock situation next to another horse?
