

Equine Acupressure Level One Course

Diana Thompson, Instructor

A Six-Day Class offered in two formats:

1) Three Weekends: August 28-29, October 2-3, and October 30-31, 2010

Or

2) A Six-day Intensive: September 15-21, 2010

The course will take place at Diana's Hands-On Horse Care® facility, 2290 Woolsey Road, Fulton, California (near Santa Rosa). It provides a thorough, accurate foundation in equine acupressure and the Traditional Chinese Medicine approach to equine health. Students will have study requirements to complete before class begins and home study assignments in addition to the six days in class. The course includes a guided, graded externship program that if completed by the student following the course qualifies them for a certificate program through Equinology®. This Level One course is part of a three-course program. Several students will be able to bring their horses to class (see horse questionnaire). The Level One course content includes:

- the location and uses of more than 120 equine acupressure points
- the location and uses of twelve organ systems (energy meridians) and two extraordinary flows of energy
- exercises to help the student feel qi energy and develop acupressure technique

Diana will teach students how to apply acupressure and lifestyle management in order to support the correct flows of qi in the horse. From the Traditional Chinese Medicine perspective, strengthening the correct flow of qi creates optimum physical and emotional health of the horse by strengthening the following areas of the body:

- the lungs and other structures of the respiratory system
- overall immune function
- the digestive system
- the heart and blood vessels of the cardiovascular system
- urinary tract system including the kidneys and bladder
- the reproductive system
- the muscles, tendons, ligaments and joints of the horse
- the sense organs such as the eyes, nose and ears
- the mind and spirit; help the horse maintain a calm spirit and ability to think clearly

With this information, students will know how to select and use acupressure points that prevent and reduce muscle soreness, strengthen back and hindquarter function, improve endurance and lung function, calm the nervous, angry or depressed horse, improve training focus and learning ability, prevent and ease colic, diarrhea and other digestive problems, prevent and relieve respiratory infections and fever, improve overall immune function, support digestive health, help the older horse, address hives and other skin problems and generally improve health.

Level One Course Materials

During the course, students will work with the following two books and a laminated chart. They will also be provided with a workbook of study sheets and quizzes. The 440-page text manual, described below in (1), and the workbook are provided with payment of the class tuition. The book *Acupressure Point Charts for Horses* and the color laminated chart *Emergency Acupressure Points for Horses*, described below in (2) and (3), must be purchased separately by the student.

1) A 440-page text manual written by Diana Thompson

Working title: *Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine*

This comprehensive text outlines Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on the TCM function of 128 equine acupressure points, tells you how each point is used to improve health and address medical issues and guides you in choosing other points to use in combination in order to bring about the best result.

2) *Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses*

Diana Thompson, author ISBN #978 0-9816741-0-0

This 272-page flip chart book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. All of the point pages were reviewed for accuracy by veterinary acupuncturist Dr. Kerry Ridgway. View sample pages and table of contents on Diana's website www.dianathompson.com. The book is available for purchase online (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

3) *Emergency Acupressure Points for Horses* by Diana Thompson, author ISBN #978-0-9816741-1-7

This color laminated chart unfolds to give you six 8 ½" by 11 inch pages of life-saving information. Color photos show the acupressure points you can use to help your horse during colic, cardiac arrest, injury, heat stroke, respiratory infection and fever. The pages include a chart of the horse's vital signs and a lesson in how to apply acupressure. The chart is available for order on Diana's website (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

Course Details

Space is limited. Paid registration guarantees your participation in the Course.

Questions? Call Diana at (707) 542-4646 or e-mail her at info@dianathompson.com

To register, mail this signed form with your check (payable to Diana Thompson) or mail or fax with your credit card information to: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439

The office fax number is (707) 542-4644. Website: www.dianathompson.com

Location: Diana Thompson's Hands-On Horse Care® facility, 2290 Woolsey Road, Fulton, California

Hours: 8:30 am to 5 pm each day.

Tuition for Six Day Level One Course: \$895.00 tuition includes the six days of on-site instruction, costs of the 440-page class text manual and notebook, workbook of study sheets and quizzes, home study assignments and guided externship. See the payment plan on the next page. Prior to the course students will also need to purchase Diana's recently published book and laminated chart. This book is titled: *Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses*; the chart is *Emergency Acupressure Points for Horses* (see the Course materials description above).

Returning Student Discount: For students who have already taken the weekend format of this class with Diana Thompson, the returning student discounted tuition is \$400.00 plus a materials fee if appropriate.

Payment Plan:

A registration fee of \$335.00 (three hundred thirty-five dollars) is necessary to reserve a place in the class. Once this payment received, you will be sent pre-course study information that will include Chapter One of the text manual, anatomy charts and quizzes.

Note: \$90.00 (ninety dollars) of this \$335 registration fee is a non-refundable, non-transferable deposit. If you give a cancellation notice by August 1, 2010, \$245.00 (two hundred forty-five dollars) of the \$335 registration fee will be refunded to you.

The remaining balance of the course tuition and materials fees of \$560.00 (five hundred sixty dollars) is due as follows. Students in the three-weekend class are eligible to pay the \$560.00 in two payments: \$280.00 before the start of weekend #1 (August 28-29) and \$280.00 before the start of weekend #2 (October 2-3). Students in the intensive course pay the \$560.00 balance prior to the beginning of class September 15, 2010.

Attendance Policy: If a student has paid the full tuition and is unable to attend one or two class meetings, a partial refund of \$25 per day is given and class notes and charts will be provided.

Other Details:

- ❖ **A map and what to bring list** will be sent out to students prior to the first class.
- ❖ **Video cameras, tape recorders and cameras are not** allowed during group programs.
- ❖ **Want to Bring Your Horse?** See the horse information questionnaire.

===== **Registration Form** =====

Class format: _____ three weekend course _____ six-day intensive course

Today's Date: _____ Signature: _____

Printed Name of Participant: _____ Evening Phone: _____

Address: _____ E-mail: _____

City, State, Zip: _____

Payment By Check enclosed _____ Amount to charge to Visa/ Mastercard _____

Card # _____ Expiration Date: _____

Print the Name on the card: _____

Signature of card owner authorizing use of the card: _____

Billing address for the card if different from address above: _____

Horse Information Questionnaire -- Equine Acupressure Course

If you want to bring your horse to one or more class weekends, complete this horse information questionnaire and mail, fax or e-mail it with your course registration form to Diana Thompson.

Diana will assess the horse's situation and let you know if the horse is approved to come to class.

Mailing address: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439.

E-mail: info@dianathompson.com

Office phone number: (707) 542-4646 Office Fax number: (707) 542-4644

Note: Unless otherwise approved by Diana, the horse must be safe to handle and touch by other students with Diana's supervision. The horse owner needs to bring the horse's hay, grain and water bucket. The owner is responsible for paying for the cost of shavings (approximately \$20 per weekend). The owner is responsible for cleaning the horse's stall and paddock during the class and before the horse leaves the facility.

Horse Owner: _____ Phone: _____

Horse's name: _____ Breed/sex: _____ Age: _____

What are the horse's physical problems, emotional issues or health problems?

Is this horse comfortable and safe with you and other people touching its body? If no, please explain?

Is this horse quiet in new surroundings or is he or she nervous, fearful, biting, kicking, spooking or otherwise hard to handle when at home or away from home?

Has this horse trailered away from home on a regular basis?

The stalls at Diana's facility are large (12 feet by 14 feet) with full-time access to an outside paddock. Will your horse be comfortable staying in this type of stall-paddock situation next to another horse?
