

Equine Acupressure Level One Course

Diana Thompson, Instructor

A Six-Day Class offered in two formats:

1) Three Weekends: April 5-6, May 3-4, May 31- June 1, 2014

Or 2) Six-day Intensive: April 5, 6, 7, and 10, 11, 12, 2014. April 8 and 9 are self-study / rest days.

Location: Diana Thompson's facility in Fulton, California, just north of Santa Rosa, California.

During the Level One course Diana Thompson will provide students with a thorough, accurate foundation in equine acupressure and the Traditional Chinese Medicine (TCM) approach to health. Students have study materials and quizzes to complete before class begins and home study after each day of class. Diana provides a guided, graded externship for students to complete following the course. The Level One course is part of a two-course program. Note: Students need to have basic, safe horse-handling skills in order to take this course. If you are a beginner with horses please contact Diana to make sure you qualify.

The 2014 Level One Course Includes:

- exercises to help the student feel qi energy; acupressure instruction and practice on class horses
- instruction in the locations and uses of more than 120 equine acupressure points, twelve organ channels (meridians) and two extraordinary flows of energy
- acupressure point combinations and lifestyle management that supports the qi, essence and shen
- instruction in the use of the TCM herb known as moxa to support the qi, essence, and shen

According to Traditional Chinese Medicine, in order for a horse to have complete health of mind, body and spirit, he must have adequate amounts of three types of energy, known as the three treasures. These energies, also called substances or functions, are the jing (also called the essence), qi and shen. If the horse is missing the correct amount or function of any of these aspects of health she will most likely experience a lack of emotional balance and/or less than optimum physical health.

During the Level One class, students will learn how to apply acupressure to horses in order to strengthen the correct flows of qi, calm the Heart and shen and support healthy essence. These methods are used to support horses of any age and discipline including performance horses, horses in training, pleasure trail horse, horses in rescue situations, the aging horse and others. According to TCM, when the three treasures are strong, the horse will have strength in the following areas of the body* and mind:

- muscles, tendons, ligaments and joints of the horse
- lungs and other structures of the respiratory system structures; the heart and blood vessels of cardiovascular system
- overall immune function
- the digestive system, the reproductive system, the urinary tract including kidneys and bladder
- clear thoughts and a calm nervous system so the horse is able to learn new tasks and stay grounded and healthy in stressful situations
- the sense organs such as the eyes, nose and ears
- the skin

***Traditional Chinese Medicine, which includes acupressure, is not a substitute for Western medical care. If your horse has a medical issue, contact your veterinarian for advice and treatment.**

Level One Course Materials

During the course, students will work with materials listed on this page. 1) The 550-page Text Manual and 2) Workbook of Study materials are provided with payment of the class tuition. The book *Acupressure Point Charts for Horses* and the color laminated chart *Emergency Acupressure Points for Horses*, described below in 3) and 4), must be purchased separately by the student.

1) The 550-page Text Manual **Note: This text is available only to students in this class.**
Text Manual Working Title: *Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine*, Diana Thompson, Author

This comprehensive text explains Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on the TCM functions of 128 equine acupressure points, how each point is used to improve health and address problems and guides you in choosing other points to use in combination in order to bring about the best result.

2) Workbook of Study Materials

Diana provides students with additional handouts, such as function charts, point charts, anatomy drawings and class study assignments, in a 3-ring binder.

3) The 272-Page Flip Chart Text Book:

Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses

Diana Thompson, author ISBN #978 0-9816741-0-0

This book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. The point pages were reviewed for accuracy by veterinary acupuncturist Dr. Kerry Ridgway. See pages from the book and the table of contents on Diana's website: www.dianathompson.com

Purchase the book online (www.dianathompson.com) or by calling Diana's office (707) 542-4646.

4) The Six-Page Color Laminated Chart:

Emergency Acupressure Points for Horses

Diana Thompson, author ISBN #978-0-9816741-1-7

This laminated chart unfolds to give you six 8 ½" by 11 inch pages of life-saving information. Color photos show the acupressure points you can use to help your horse during colic, cardiac arrest, injury, heat stroke, respiratory infection and fever. The pages include a chart of the horse's vital signs and a lesson in how to apply acupressure. View and purchase the chart online at www.dianathompson.com or by calling Diana's office at (707) 542-4646.

Level One Tuition, the Course Details and Registration Form are on pages 3 and 4.

Equine Acupressure Level One Course Registration Details When the Course is Held At Diana Thompson's Equine Facility, Fulton, California

Tuition for Six-Day Level One Course and Guided Externship - Fulton, California Location

\$985.00 tuition includes pre-course study materials, six days of on-site instruction, Diana's 550-page text manual, a workbook of study materials, home-study assignments and the guided, graded externship. Prior to the course students will need to purchase Diana's 272-page chart book and 6-page color laminated chart. The book is titled: **Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses**. It includes over 400 photographs and 100 illustrations. The laminated chart is titled **Emergency Acupressure Points for Horses**. A full description of these materials is on page two of this flier.

A Tuition Discount of \$50.00 will be given to students who register for the class by January 30, 2014.

Tuition Payment Plan

A registration fee of \$335.00 (three hundred thirty-five dollars) is necessary to reserve a place in the class. Once this payment received, you will be sent pre-course study information that includes Chapter One of the text manual (50 pages), anatomy charts and several self-study quizzes.

Note: \$90.00 (ninety dollars) of this \$335.00 registration fee is a non-refundable, non-transferable deposit. If you give notice of cancellation prior to March 22, 2014, \$245.00 of the \$335.00 registration fee will be refunded to you.

The remaining balance of \$650.00 (six hundred fifty dollars) is due as follows:

- Students in the three-weekend class are eligible to pay the balance of \$650.00 in two payments: \$325.00 before the start of weekend #1 (April 5-6, 2014) and \$325.00 before weekend #2 (May 3-4, 2014).
- Students in the six-day intensive class must pay the balance of \$650.00 in full prior to the beginning of class April 5, 2014.

Returning Student Tuition Discount for the Level One Course - Fulton, California Location

For students who have taken only the Level One class with Diana Thompson, the returning student discounted tuition is \$450.00 plus the cost of the current materials. Students who have taken both the Level One and Level Two classes may retake either course at no charge except for the cost of the current materials.

Space is limited. Paid registration guarantees your participation in the course.

Questions? Call Diana at (707) 542-4646 or e-mail her at info@dianathompson.com

To register see the registration form on page 4.

Other Details:

- ❖ **Location:** Diana Thompson's Hands-On Horse Care® facility, 2290 Woolsey Road, Fulton, California 95439 The facility includes an indoor classroom with heating and air conditioning, covered riding arena, teaching barn with 24 foot-wide aisle way, extra large stalls with turnouts.
- ❖ **Class Hours:** 8:30 am to 5 pm each day.
- ❖ **A map and what to bring list** will be sent out to students prior to the first class.
- ❖ **Video cameras, tape recorders and cameras are not** allowed during group programs.
- ❖ **Want to Bring Your Horse?** See the horse information questionnaire.

Register in one of the following three ways:

ONLINE: You can register online in the Store section of Diana's website: www.dianathompson.com

BY MAIL: Fill out this form and mail it with your check (payable to Diana Thompson) or credit card information to: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439

BY TELEPHONE: Call Diana's office to register with a credit card at Phone (707) 542-4646

Questions? Call Diana at (707) 542-4646 or e-mail her at: info@dianathompson.com

=====Registration Form for Mail-In Registration -- Please Print Clearly=====

Class dates (check one):

Three-weekend course April 5-6, May 3-4, May 31- June 1, 2014 _____

Six-day intensive course April 5-12, 2014 _____

Today's Date: _____ Signature: _____

Printed Name of Participant: _____

Mailing Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____

Payment By Check enclosed _____ Amount to charge to Visa or Mastercard _____

Card # _____ Expiration Date: _____

Print the Name on the card: _____

Signature of the card owner authorizing use of the card:

Billing address for the card if it is different from the mailing address given above: _____

Horse Information Questionnaire -- Equine Acupressure Course

If you want to bring your horse to class, complete this horse information questionnaire and mail or e-mail it with your course registration form to Diana Thompson.

Diana will assess the horse's situation and let you know if the horse is approved to come to class.

Mailing address: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439.

E-mail: info@dianathompson.com

Office phone number: (707) 542-4646

Note: The horse must be safe to handle and touch by other students with Diana's supervision (Unless the horse has problems in this area and is specifically approved by Diana). The horse owner needs to bring the horse's hay, grain and water bucket. The owner is responsible for cleaning the horse's stall and paddock during the class and before the horse leaves.

Horse Owner: _____ Phone: _____

Horse's name: _____ Breed/sex: _____ Age: _____

What are the horse's physical problems, emotional issues or health problems?

Is this horse comfortable and safe with you and other people touching its body?

If no, please explain?

Is this horse quiet in new surroundings or is he or she nervous, fearful, biting, kicking, spooking or otherwise hard to handle when at home or away from home?

Has this horse trailered away from home on a regular basis?

The stalls at Diana's facility are large (12 feet by 14 feet) with full-time access to an outside paddock. Will your horse be comfortable staying in this type of stall-paddock situation next to another horse?