

Equine Acupressure Level One Course

Diana Thompson, Instructor

A Six-Day Class offered in two formats:

- 1) Three Weekends: September 10-11, October 1-2, October 29-30, 2011 Location: Fulton, California**
OR
- 2) A Six-day Intensive: June 8-14, 2011 Location: Fulton, California (just north of Santa Rosa, CA)**
May 27 – June 2, 2011 Location: Calgary, Alberta, Canada
July 1-7, 2011 Location: Writtle College, Essex, England

The Level One course presented by international instructor and author Diana Thompson provides a thorough, accurate foundation in equine acupressure and the Traditional Chinese Medicine approach to equine health. Students will have study requirements to complete before class begins and home study assignments in addition to the six days in class. The course includes a guided, graded externship program that if completed by the student following the course qualifies them for a certificate program through Equinology®. This Level One course is part of a three-course program which is listed below. Some students will be able to bring a horse to the Fulton location class (see horse questionnaire). The Level One course content includes:

- the location and uses of more than 120 equine acupressure points
- exercises to help the student feel qi energy and develop acupressure technique
- the location and uses of twelve organ systems (energy meridians) and two extraordinary flows of energy

Diana will teach students how to apply acupressure and lifestyle management in order to support the correct flows of qi in the horse. From the Traditional Chinese Medicine perspective, strengthening the correct flow of qi creates optimum physical and emotional health of the horse by strengthening the following areas of the body:

- the lungs and other structures of the respiratory system
- overall immune function
- the digestive system
- the heart and blood vessels of the cardiovascular system
- urinary tract system including the kidneys and bladder
- the reproductive system
- the muscles, tendons, ligaments and joints of the horse
- the sense organs such as the eyes, nose and ears
- the mind and spirit; help the horse maintain a calm spirit and ability to think clearly

With this information, students will know how to select and use acupressure points that prevent and reduce muscle soreness, strengthen back and hindquarter function, improve endurance and lung function, calm the nervous, angry or depressed horse, improve training focus and learning ability, prevent and ease colic, diarrhea and other digestive problems, prevent and relieve respiratory infections and fever, improve overall immune function, support digestive health, help the older horse, address hives and other skin problems and generally improve health.

Level One Course Materials

During the course, students will work with the following two books and a laminated chart. They will also be provided with a workbook of study sheets and quizzes. The 440-page text manual, described below in (1), and the workbook are provided with payment of the class tuition. The book *Acupressure Point Charts for Horses* and the color laminated chart *Emergency Acupressure Points for Horses*, described below in (2) and (3), must be purchased separately by the student.

1) The 440-page Text Manual:

Acupressure for Horses, A Comprehensive Guide to Traditional Chinese Medicine

This comprehensive text outlines Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on the TCM function of 128 equine acupressure points, tells you how each point is used to improve health and address medical issues and guides you in choosing other points to use in combination in order to bring about the best result.

2) The 272-Page Flip Chart Text Book:

Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses

Diana Thompson, author ISBN #978 0-9816741-0-0

This book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. All of the point pages were reviewed for accuracy by veterinary acupuncturist Dr. Kerry Ridgway. View sample pages and table of contents on Diana's website: www.dianathompson.com

The book is available for purchase online (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

3) The Six-Page Color Laminated Chart:

Emergency Acupressure Points for Horses

Diana Thompson, author ISBN #978-0-9816741-1-7

This laminated chart unfolds to give you six 8 ½" by 11 inch pages of life-saving information. Color photos show the acupressure points you can use to help your horse during colic, cardiac arrest, injury, heat stroke, respiratory infection and fever. The pages include a chart of the horse's vital signs and a lesson in how to apply acupressure. The chart is available for order on Diana's website (www.dianathompson.com) or by calling Diana's office at (707) 542-4646.

[See the Registration Form for the Level One Course Tuition and Course Details.](#)

The **Equinology® Equine Acupressure Practitioner Certification EEAP** is issued upon successful completion of externship for these courses:

- **EQ800: Equine Acupressure Level One**
- **EQ810: Equine Acupressure Level Two**

In addition the student needs to hold an **Equinology® Equine Body Worker Certification** or comparable equine massage course with a similar outline and timeframe bringing the total to 3 courses for this **EEAP** certification.

Please note: You may take these courses at any time and are open to individual from all programs. You do not need to be previously certified as an equine massage therapist or similar.