

Course: Bach Flower Essences for Horses and Dogs

Equinology® Inc. Course Number: EQ 1700

Course Instructor: Diana Thompson, CMT

Prerequisites: Horse and dog handling skills and a thorough understanding of equine and canine safety are required.

HOURS:

Classroom hours during course:	12 hours
Hands-on practical during course:	12 hours
Guided home study during course:	4 hours +
Required guided externship after course:	20 hours
TOTAL COURSE HOURS:	48 hours +

COURSE OBJECTIVES:

Participants are trained in the theory, concepts and practice of Bach Flower Essences as they pertain to the equine and canine population. Students will learn teach how to combine flower essence formulas to assist nervous, frightened, unfocused, belligerent, stiff and injured horses and dogs.

COURSE DURATION:

Students attend class for 3 days from 8am-5pm and have additional 2 hours of evening studies.

OUTLINE OF COURSE:

Theory

- Bach Flower concepts
- Acupressure introduction and application
- Handling and safety

Practicals

- Applying the Bach Flower essences to the horse or dog
- Location of acupressure points addressing the horse's and dog's Heart and Spirit
- Ground handling techniques and exercises
- Evaluating the horse or dog for formulas
- Combining Bach Flower essences to enhance physical therapy benefits
- Methods for using Bach Flower essences during the equine and canine body work session

REQUIRED LEARNING MATERIALS:

None

SUGGESTED ADDITIONAL LEARNING MATERIALS:

The 38 Bach Flower Essences – this 60-page booklet is included with the class handouts

Practical Uses and Applications of the Bach Flower Emotional Remedies by Jessica Bear

Bach Flower Formulas by Jessica Bear

The Bach Remedies Workbook by Stefan Ball

Bach Flower Remedies for Animals by Graham and Vlamis.

Practical Guide to Lameness by Stashak and Hill

OUTLINE OF GUIDED EXTERNSHIP AFTER COURSE:

For this particular course there are 20 hours of guided study and a written, open-book exam once the student leaves the class.

Guided Study:

- **Documentation Development:** Students will design and use the following four forms:
1) intake form 2) individual session form 3) phone follow-up form 4) summary report form.

1) The intake form should include the name and contact information (phone number, address or e-mail) of the owner, caretaker or trainer of the horse or dog, the date of the intake session, the name and age of the horse or dog and its sex, approximate weight, breed or breed type. The student will interview the animal's owner, caretaker or trainer and include the following information on the intake form: an explanation of the animal's behavior and emotional state, the owner or caretaker's goal for the animal's behavior, information from the veterinarian that may apply to the situation and the student's impressions of the emotional and physical state of the animal.

2) The individual session form is used to **document each session** when the student works hands-on with the animal. The individual session form should include the date of the session, the place where the session took place, what Bach Flower essences were used on the animal, what acupuncture points were used and what changes in behavior took place during the session. The form should have room for observations from the animal owner, caretaker or trainer as to how the Bach Flowers and acupuncture influenced the animal during the session and on the days in between the sessions.

3) The phone follow-up form is to be used in Section Two of the Guided Study to record the progress of the horse or dog who is receiving the combination formula. This report would include information regarding any changes to the formula.

4) A summary report form gives a summary of the experience. The student should include their observations of the animal and its behavior changes that have or have not taken place during the sessions as well as feedback from the animal's owner, caretaker or trainer. Additional information from the veterinarian may be included. The student should include a copy of the recommendations for additional Bach Flower use that the student gives to the owner or caretaker (if the owner desires this information and the student feels it is appropriate).

- **Subjects for the Guided Study:** Students must choose 6 different equine and/or canine subjects. Three animals will be worked with in the Guided Study Section One and three different animals will be worked with in the Guided Study Section Two. ***The animal owner or caretaker must agree to use the Bach remedy on the animal on a daily basis in one or more of the following ways: put topically on the dog or horse, mist onto food or treats or put in the drinking water.*** The student will fill out an intake form, individual session forms, phone follow-up form and summary report form for each of the six animals as described in Section One and Section Two, below.

Guided Study Section One:

Three animals will receive only the Rescue Remedy formula (also known as the Five Flower Formula) and calming acupressure points during at least three hands-on sessions that take place within a two-week period.

Step One: During the first session, the student will fill out the intake form with the owner, caretaker or trainer and then work with the horse or dog. During the hands-on session the student will apply the Rescue Remedy as done in class and apply acupressure to a minimum of four of the calming acupressure points learned in class. The student will fill out an individual session form for the hands-on session that records how the animal responded when given the Rescue Remedy and how the animal responded to each of the acupressure points.

The student will leave a dosage bottle of the Rescue Remedy with the animal owner or caretaker for use *on a daily basis in one or more of the following ways: put topically on the dog or horse, mist onto food or treats or put in the drinking water.*

Step Two and Three: During two additional hands-on sessions, the student will apply the Rescue Remedy and apply acupressure to a minimum of four of the calming acupressure points learned in class. All three sessions need to take place within a two week period. The student will fill out an individual session form following each of the hands-on sessions.

Step Four: Upon completion of the intake form and the three hands-on sessions working with each animal the student will prepare a summary report for that animal.

To complete Section One, the student will turn in one intake form, three individual session forms and one summary report form for each of the three animals.

Guided Study Section Two:

Three animals will receive a Bach Flower combination formula* designed for each animal by the student. Acupressure points are optional with this animal.

*For those students who do not own the Bach Flower essence kit, you can choose 10 of the 38 remedies to use for your case studies. Combination Formula preparations may be purchased from the Flower Essence Services listed in your Resources Section of the class notes and Rosemary's Garden in Sebastopol, California.

Step One: The student will fill out an intake form while interviewing the horse or dog's owner, caretaker and or trainer as to the emotional state(s) and behavior issue(s). The student will also meet the horse or dog in person and give the animal Rescue Remedy formula (also known as the Five Flower Formula). The student will fill out an individual session form to record their impressions of the animal and the results of administering the Rescue Remedy.

Step Two: Using the information from the intake and time spent with the horse or dog, the student will research the case and decide what Bach Flower Essences to use in a combination formula. The student will write up a brief explanation of why each individual remedy was picked for this particular animal. The student will prepare a dosage bottle of the formula for the animal. It will need to include brandy or other preservative.

Step Three: The student will meet in person with the horse or dog to spend time applying the combination formula and showing the owner or caretaker how to apply it. The student will leave written instructions with the animal owner as to the application methods. ***The animal owner or caretaker must agree to use the remedy on the animal on a daily basis in one or more of the following ways: put the remedy topically on the dog or horse, mist it onto food or treats or put it in the drinking water each day.*** The student will fill out an individual session form documenting the results of administering the combination formula during this visit.

Step Four: One week after the animal starts taking the formula, the student will conduct a follow-up phone interview with the owner. The student will make sure the animal is receiving the formula every day and note in what manner the animal is receiving it (in the food, on treats, topically on the body, etc). Depending on the results of the formula during this first week, the student may choose to modify the formula to include

different essences or keep the animal on the original formula. If a change is made to the formula, the student needs to explain why the new remedies were chosen.

Step Five: Two weeks after the animal starts taking the Bach formula (one week after the first phone check in), the student will conduct a second follow-up phone interview. As in Step Four, the student will make sure the animal is receiving the formula every day and note in what manner the animal is receiving it (in the food, on treats, topically on the body, etc). Depending on the results of the formula following the second week of the formula being administered to the animal, the student may modify the formula to include different essences. If the formula is changed, the student needs to explain why different remedies were chosen.

Step Six: Three weeks after the animal starts taking the Bach formula, the student will conduct a final phone interview with the owner to assess the formula. Upon completion of the final phone interview, the student will prepare a summary report. Feedback from the owner, family members trainer or should be included.

To complete Section Two, The student will turn in an intake form and an individual session form documenting the first meeting with the animal (Step One), notes regarding the essences put in the combination formula (Step Two), an individual session form documenting the second meeting with the animal (Step Three), three phone interview reports (Steps 4, 5 and 6) and a summary report.

PRESENTATION OF EXTERNSHIP DOCUMENTATION:

Fieldwork is presented in typewritten form, 3-hole punched and bound in a folder.

TIME ALLOTTED FOR EXTERNSHIP:

Three months are given to complete the work at the course conclusion. Extensions will only be given under special circumstances.

SCORES FOR EXTERNSHIP:

Incomplete fieldwork will not be accepted. A 70% or more score is required for all satisfactory completion.

COMPLETED EXTERNSHIPS SHOULD BE MAILED TO:

Diana Thompson
2290 Woolsey Road
Fulton, CA 95439

Diana Office Phone (707) 542-4646

e-mail: info@dianathompson.com

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